

Individual Medical Policy for dependents -DMed

Table of Benefits

Nextcare is a specialized policy administrator on behalf of the Insurer
The below table explains all the benefits in this policy and how to avail it
The Policy Wording include full Benefit details, coverage definitions and exclusions
All Benefits shown are per insured person, per one-year coverage
All limits and Co-payments are expressed in Arab Emirates Dirham
Insurance coverage is only applicable for Dubai visa holders only

This Schedule of benefits covers United Arab Emirates.

Type of Benefit	DHA EBP plan
Annual limit	150,000 AED
Geographical scope of coverage	United Arab Emirates
Network	NEXtCARE PCP Clinics for outpatient services NEXtCARE RN3 Hospitals for inpatient and emergency services
Pre-existing conditions-existing conditions	Treatment for chronic and pre-existing conditions excluded for first 6 months of first scheme membership. After 6 months Covered to the annual policy limit subject to declaration



Outpatient services

20% coinsurance payable by the insured
 Services are provided in authorized out-patient clinics of hospitals, clinics and health centers called PCP clinic
 Referral procedure:
 In respect of Essential Benefit Plan members, no costs incurred for advice, consultations or treatments provided by specialists or consultants without the insured first consulting a General Practitioner (or equivalent as designated by DHA) who is licensed by DHA or another competent UAE authority will be payable by the insurer. This process does not apply for gynecologist ,obstetricians and /or Pediatrics' consultation .

Service	condition
Laboratory test services	Covered
Radiology diagnostic	In cases of non-medical emergencies, the insurance company's prior approval is required for MRI, CT scans and endoscopies
Physiotherapy treatment services	Prior approval of the insurance company is required. Maximum 6 sessions per year. 20% coinsurance payable per session

Inpatient services

20% coinsurance payable by the insured with a cap of 500 AED payable per encounter and an annual aggregate cap of 1000 AED. Above these caps the insurer will cover 100% of treatment.

In-patient treatment at authorized hospital (RN3)

The insured should first consult a general practitioner (or equivalent as designated by DHA-who is licensed by DHA or another competent UAE authority)) at outpatient PCP clinic that will refer him / her to respective RN3 Hospital (within the designated Network) -with diagnosis- for advice, treatment provided by a specialist or consultant for inpatient treatment when medical surgical intervention is recommended. no cost will be payable for referral

In-patient services will be received in rooms of two or more beds

Ground transportation services in the UAE provided by an authorized party for medical emergencies

Service	condition
Tests, diagnosis and /or treatments related to surgeries in hospitals	Prior approval Required from the insurance company / TPA
Emergency treatment	Approval required from the insurance company within 24 hours of admission to the authorized hospital
Healthcare services for emergency cases	Prior approval required from the insurance company



(Where a pre-existing or chronic condition develops into an emergency within the 6-month exclusion period this must be covered up to the annual aggregate limit)	Prior approval required from the insurance company
<u>Companion accommodation:</u>	
The cost of accommodating a person accompanying an insured child up to the age of 16 years	Maximum 100 AED per night
The cost of accommodation of a person accompanying an in-patient in the same room in cases of medical necessity at the recommendation of the treating doctor and after the prior approval of the insurance company providing coverage	Maximum 100 AED per night
Cancer Treatment: Screening, healthcare services, investigations and treatments only for members who are enrolled under "Patient Support Program" only HCV Hepatitis C Virus Infection: Screening, healthcare services, investigations and treatments related to viral Hepatitis and associated complications related to Hepatitis C shall only be for members enrolled under Patient Support Program.	Covered as per terms, conditions and exclusions of the program defined by DHA
Medication	
Cost of drugs and medicines up to an annual limit of 1,500 AED (including coinsurance). 30% payable by the insured in respect of each and every prescription. No cover for drugs and medicines in excess of the annual limit Restricted to a list of formulary products where available Restricted to a list of formulary products where available at the physician and the pharmacist	
Preventive services, vaccines and immunizations	

Essential vaccinations and inoculations for new-borns and children as stipulated in the DHA's policies and its updates in the assigned facilities (currently the same as Federal MOH).
 Preventive services as stipulated by DHA to include initially diabetes screening
 Frequency restricted to: Diabetes: Every 3 years from age 30 High risk individuals annually from age 18

The DHA has to notify authorized insurance companies of any preventive services that will be added to the basic package at least three months in advance of the implementation date and the newly covered preventive services will be covered from that date.



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Maternity Benefit

Where any condition develops which becomes an emergency, the medically necessary expenses will be covered up to the annual aggregate limit- **subject to declaration.**

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Service	condition
Out-patient ante-natal services	Requires prior approval from the insurance company

10% coinsurance payable by the insured 8 visits to PHC;

All care provided by PHC obstetrician for low risk or specialist obstetrician for high risk referrals

Initial investigations to include:

- FBC and Platelets
- Blood group, Rhesus status and antibodies
- VDRL
- MSU & urinalysis
- Rubella serology
- HIV
- Hep C offered to high risk patients
- GTT if high risk
- FBS, random s or A1c for all due to high prevalence of diabetes in UAE

Visits to include reviews, checks and tests in accordance with DHA Antenatal Care Protocols

3 ante-natal ultrasound scans

In-patient maternity services	Requires prior approval from the insurance company or within 24 hours of emergency treatment
10% coinsurance payable by the insured Maximum benefit 7,000 AED per normal delivery, 10,000 AED for medically necessary C-section, complications and for medically necessary termination (All limits include coinsurance)	
Service	condition
New born cover	Cover for 30 days from birth BCG, Hepatitis B and neo-natal screening test



Excluded healthcare services (except in cases of medical emergencies only)	
Service	Condition
Diagnostic and treatment services for dental and gum treatments	In case of emergency only -Subject to 20% coinsurance
Hearing and vision aids, and vision correction by surgeries and laser	In case of emergency only -Subject to 20% coinsurance

SANCTION LIMITATION AND EXCLUSION CLAUSE

No (re)insurer shall be deemed to provide cover and no (re)insurer shall be liable to pay any claim or provide any benefit hereunder to the extent that the provision of such cover, payment of such claim or provision of such benefit would expose that (re)insurer to any sanction, prohibition or restriction under United Nations resolutions or the trade or economic sanctions, laws or regulations of the European Union, United Kingdom or United States of America.

General exclusion list is in line with DHA mandated benefit and scope of coverage.

1. Healthcare Services which are not medically necessary
2. All expenses relating to dental treatment, dental prostheses, and orthodontic treatments.
3. Care for the sake of travelling.
4. Custodial care including 1) Non-medical treatment services; 2) Health-related services which do not seek to improve or which do not result in a change in the medical condition of the patient
5. Services which do not require continuous administration by specialized medical personnel.
6. Personal comfort and convenience items (television, barber or beauty service, guest service and similar incidental services and supplies).
7. All cosmetic healthcare services and services associated with replacement of an existing breast implant. Cosmetic operations which are related to an Injury, sickness or congenital anomaly when the primary purpose is to improve physiological functioning of the involved part of the body and breast reconstruction following a mastectomy for cancer are covered.
8. Surgical and non-surgical treatment for obesity (including morbid obesity), and any other weight control programs, services, or supplies.
9. Medical services utilized for the sake of research, medically non-approved experiments and investigations and pharmacological weight reduction regimens.
10. Healthcare Services that are not performed by Authorized Healthcare Service Providers.
11. Healthcare services and associated expenses for the treatment of alopecia, baldness, hair falling, dandruff or wigs.
12. Health services and supplies for smoking cessation programs and the treatment of nicotine addiction.
13. Treatment and services for contraception
14. Treatment and services for sex transformation, sterilization or intended to correct a state of sterility or infertility or sexual dysfunction. Sterilization is allowed only if medically indicated and if allowed under the Law.
15. External prosthetic devices and medical equipment.



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16. Treatments and services arising as a result professional sports activities, including but not limited to, any form of aerial flight, any kind of power-vehicle race, water sports, horse riding activities, mountaineering activities, violent sports such as judo, boxing, and wrestling, bungee jumping and any professional sports activities.
17. Growth hormone therapy unless medically necessary
18. Costs associated with hearing tests, vision corrections, prosthetic devices or hearing and vision aids
19. Mental Health diseases, both out-patient and in-patient treatments, unless it is an emergency condition.
20. Patient treatment supplies (including for example: elastic stockings, ace bandages, gauze, syringes, diabetic test strips, and like products; non-prescription drugs and treatments,) excluding supplies required as a result of Healthcare Services rendered during a Medical Emergency.
21. Allergy testing and desensitization (except testing for allergy towards medications and supplies used in treatment); any physical, psychiatric or psychological examinations or investigations during these examinations.
22. Services rendered by any medical provider who is a relative of the patient for example the Insured person himself or first degree relatives.
23. Enteral feedings (via a tube) and other nutritional and electrolyte supplements, unless medically necessary during in-patient treatment.
24. Healthcare services for adjustment of spinal subluxation.
25. Healthcare services and treatments by acupuncture; acupressure, hypnotism, massage therapy, aromatherapy, ozone therapy, homeopathic treatments, and all forms of treatment by alternative medicine.
26. All healthcare services & treatments for in-vitro fertilization (IVF), embryo transfer; ovum and sperms transfer.
27. Elective diagnostic services and medical treatment for correction of vision.
28. Nasal septum deviation and nasal concha resection.
29. All chronic conditions requiring hemodialysis or peritoneal dialysis, and related investigations, treatments or procedures.
30. Healthcare services, investigations and treatments related to viral hepatitis and associated complications, except for the treatment and services related to Hepatitis A and C.
31. Any Services related to birth defects, congenital diseases and deformities unless left untreated lead to an emergency.
32. Healthcare services for senile dementia and Alzheimer's disease.
33. Air or terrestrial medical evacuation and unauthorized transportation services.
34. Inpatient treatment received without prior approval from the insurance company including cases of medical emergency which were not notified within 24 hours from the date of admission where possible.
35. Any inpatient treatment, investigations or other procedures, which can be carried out on outpatient basis without jeopardizing the Insured Person's health.
36. Any investigations or health services conducted for non-medical purposes such as investigations related to employment, travel, licensing or insurance purposes.
37. All supplies which are not considered as medical treatments including but not limited to: mouthwash, toothpaste, lozenges, antiseptics, milk formulas, food supplements, skin care products, shampoos and multivitamins (unless prescribed as replacement therapy for known vitamin deficiency conditions); and all equipment not primarily intended to improve a medical condition or injury, including but not limited to: air conditioners or air purifying systems, arch supports, exercise equipment and sanitary supplies.
38. More than one consultation or follow up with a medical specialist in a single day unless referred by the treating physician.
39. Health services and associated expenses for organ and tissue transplants, irrespective of whether the Insured Person is a donor or a recipient. This exclusion also applies to follow-up treatments and complications unless left untreated develop to an emergency.
40. Any expenses related to the treatment of sleep related disorders
41. Any expenses related to immunomodulators and immunotherapy unless medically necessary



42. Services and educational programs for People of determination, this includes disability types such as but not limited to mental, intellectual, developmental physical or psychological activities.

Healthcare services outside the scope of health insurance (In Emergency cases as defined by PD02-2017, the following must be covered until stabilization at minimum)

1. Injuries or illnesses suffered by the Insured Person as a result of military operations of whatever type.
2. Injuries or illnesses suffered by the Insured Person as a result of wars or acts of terror of whatever type.
3. Healthcare services for injuries and accidents arising from nuclear or chemical contamination.
4. Injuries resulting from natural disasters, including but not limited to: earthquakes, tornados and any other type of natural disaster.
5. Injuries resulting from criminal acts or resisting authority by the Insured Person.
6. Injuries resulting from a road traffic accident.
7. Healthcare services for work related illnesses and injuries as per Federal Law No. 8 of 1980 concerning the Regulation of Work Relations, its amendments, and applicable laws in this respect.
8. All cases resulting from the use of alcoholic drinks, controlled substances and drugs and hallucinating substances.
9. Any investigation or treatment not prescribed by a doctor.
10. Injuries resulting from attempted suicide or self-inflicted injuries.
11. Diagnosis and treatment services for complications of exempted illnesses.
12. All healthcare services for internationally and/or locally recognized epidemics.
13. Healthcare services for patients suffering from (and related to the diagnosis and treatment of) HIV – AIDS and its complications and all types of hepatitis except virus A and C hepatitis.

For further details, on the services included in the above table / or about any other services not included Kindly contact Nextcare Call Centre at 04-270-8800



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