

## Individual Medical Policy for Employees -EMed

### Schedule of Benefits

**Nextcare is a specialized policy administrator on behalf of the Insurer**  
**The below table explains all the benefits in this policy and how to avail it**  
**The Policy Wording include full Benefit details, coverage definitions and exclusions**  
**All Benefits shown are per insured person, per one year coverage**  
**All limits and Co-payments are expressed in Arab Emirates Dirham**  
**Insurance coverage is only applicable for Dubai visa holders only**

**This Schedule of benefits covers United Arab Emirates.**

Type of Benefit	DHA EBP plan
Annual limit	150,000 AED
Geographical scope of coverage	United Arab Emirates
Network	NEXtCARE PCP Clinics for outpatient services NEXtCARE RN3 Hospitals for inpatient and emergency services
Pre-existing conditions-existing conditions	Treatment for chronic and pre-existing conditions excluded for first 6 months of first scheme membership. After 6 months Covered to the annual policy limit <b>subject to declaration.</b> Where a pre-existing or chronic condition develops into an emergency within the 6 month exclusion period this must be covered up to the annual aggregate limit



## Outpatient services

20% coinsurance payable by the insured

Services are provided in authorized out-patient clinics of hospitals, clinics and health centers called PCP clinic

Referral procedure:

In respect of Essential Benefit Plan members, no costs incurred for advice, consultations or treatments provided by specialists or consultants without the insured first consulting a General Practitioner (or equivalent as designated by DHA) who is licensed by DHA or another competent UAE authority will be payable by the insurer.

Service	condition
Laboratory test services	Covered
Radiology diagnostic	In cases of non-medical emergencies, the insurance company's prior approval is required for MRI, CT scans and endoscopies
Physiotherapy treatment services	Prior approval of the insurance company is required. Maximum 6 sessions per year. 20% coinsurance payable per session

## Inpatient services

20% coinsurance payable by the insured with a cap of 500 AED payable per encounter and an annual aggregate cap of 1000 AED. Above these caps the insurer will cover 100% of treatment.

In-patient treatment at authorized hospital (RN3).

Referral procedure:

In respect of Essential Benefit Plan members, no costs incurred for advice, consultations or treatments provided by specialists or consultants without the insured first consulting a General Practitioner (or equivalent as designated by DHA) who is licensed by DHA or another competent UAE authority will be payable by the insurer. The GP must make his referral together with reasons via the DHA e-Referrals system (or other such temporary manual system) for the claim to be considered by the Insure.

Any condition develops which becomes life threatening to either the mother or the new born, the medically necessary expenses will be covered up to the annual aggregate limit.

The insured should first consult a general practitioner (or equivalent as designated by DHA-who is licensed by DHA or another competent UAE authority))at outpatient PCP clinic that will refer him / her to respective RN3 Hospital ( within the designated Network ) -with diagnosis- for advice ,treatment provided by a specialist or consultant for inpatient treatment when medical surgical intervention is recommended. no cost will be payable for referral

In-patient services will be received in rooms of two or more beds

Ground transportation services in the UAE provided by an authorized party for medical emergencies



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Service	condition
Tests, diagnosis and /or treatments related to surgeries in hospitals	Prior approval Required from the insurance company / TPA
Emergency treatment	Approval required from the insurance company within 24 hours of admission to the authorized hospital
Healthcare services for emergency cases	Prior approval required from the insurance company
(Where a pre-existing or chronic condition develops into an emergency within the 6-month exclusion period this must be covered up to the annual aggregate limit)	Prior approval required from the insurance company
<u>Companion accommodation:</u>	
The cost of accommodating a person accompanying an insured child up to the age of 16 years	Maximum 100 AED per night
The cost of accommodation of a person accompanying an in-patient in the same room in cases of medical necessity at the recommendation of the treating doctor and after the prior approval of the insurance company providing coverage	Maximum 100 AED per night
<b>Medication</b>	
Cost of drugs and medicines up to an annual limit of 1,500 AED (including coinsurance). 30% payable by the insured in respect of each and every prescription. No cover for drugs and medicines in excess of the annual limit Restricted to a list of formulary products where available Restricted to a list of formulary products where available at the physician and the pharmacist	
<b>Preventive services, vaccines and immunizations</b>	

Essential vaccinations and inoculations for new-borns and children as stipulated in the DHA's policies and its updates in the assigned facilities (currently the same as Federal MOH).

Preventive services as stipulated by DHA to include initially diabetes screening

Frequency restricted to: Diabetes: Every 3 years from age 30 High risk individuals annually from age 18

The DHA has to notify authorized insurance companies of any preventive services that will be added to the basic package at least three months in advance of the implementation date and the newly covered preventive services will be covered from that date.



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## Maternity Benefit

Where any condition develops which becomes an emergency, the medically necessary expenses will be covered up to the annual aggregate limit- **subject to declaration.**

Service	condition
<b>Out-patient ante-natal services</b>	Requires prior approval from the insurance company

10% coinsurance payable by the insured 8 visits to PHC;

All care provided by PHC obstetrician for low risk or specialist obstetrician for high risk referrals

Initial investigations to include:

- FBC and Platelets
- Blood group, Rhesus status and antibodies
- VDRL
- MSU & urinalysis
- Rubella serology
- HIV
- Hep C offered to high risk patients
- GTT if high risk
- FBS , random s or A1c for all due to high prevalence of diabetes in UAE

Visits to include reviews, checks and tests in accordance with DHA Antenatal Care Protocols

3 ante-natal ultrasound scans

<b>In-patient maternity services</b>	Requires prior approval from the insurance company or within 24 hours of emergency treatment
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10% coinsurance payable by the insured

Maximum benefit 7,000 AED per normal delivery, 10,000 AED for medically necessary C-section, complications and for medically necessary termination (All limits include coinsurance)

Service	condition
<b>New born cover</b>	Cover for 30 days from birth BCG, Hepatitis B and neo-natal screening test



**Excluded healthcare services  
( except in cases of medical emergencies only )**

Service	Condition
Diagnostic and treatment services for dental and gum treatments	In case of emergency only -Subject to 20% coinsurance
Hearing and vision aids, and vision correction by surgeries and laser	In case of emergency only -Subject to 20% coinsurance

Excluded healthcare services except in cases of medical emergencies	Diagnostic and treatment services for dental and gum treatments		Subject to 20% coinsurance
	Hearing and vision aids, and vision correction by surgeries and laser		Subject to 20% coinsurance

Excluded (non-basic) healthcare services	<ol style="list-style-type: none"> <li>1. Healthcare Services which are not medically necessary</li> <li>2. All expenses relating to dental treatment, dental prostheses, and orthodontic treatments.</li> <li>3. Care for the sake of travelling.</li> <li>4. Custodial care including               <ol style="list-style-type: none"> <li>(1) Non-medical treatment services;</li> <li>(2) Health-related services which do not seek to improve or which do not result in a change in the medical condition of the patient.</li> </ol> </li> <li>5. Services that do not require continuous administration by specialized medical personnel.</li> <li>6. Personal comfort and convenience items (television, barber or beauty service, guest service and similar incidental services and supplies).</li> <li>7. All cosmetic healthcare services and services associated with replacement of an existing breast implant. Cosmetic operations which are related to an Injury, sickness or congenital anomaly when the primary purpose is to improve physiological functioning of the involved part of the body and breast reconstruction following a mastectomy for cancer are covered.</li> <li>8. Surgical and non-surgical treatment for obesity (including morbid obesity), and any other weight control programs, services, or supplies.</li> <li>9. Medical services utilized for the sake of research, medically non-approved experiments, investigations, and pharmacological weight reduction regimens.</li> <li>10. Healthcare Services that are not performed by Authorized Healthcare Service Providers.</li> <li>11. Healthcare services and associated expenses for the treatment of alopecia, baldness, hair falling, dandruff or wigs.</li> <li>12. Health services and supplies for smoking cessation programs and the treatment of nicotine addiction.</li> <li>13. Treatment and services for contraception</li> <li>14. Treatment and services for sex transformation, sterilization or intended</li> </ol>
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	<p>to correct a state of sterility or infertility or sexual dysfunction. Sterilization is allowed only if medically indicated and if allowed under the Law.</p> <ol style="list-style-type: none"> <li>15. External prosthetic devices and medical equipment.</li> <li>16. Treatments and services arising as a result of professional sports activities, including but not limited to, any form of aerial flight, any kind of power-vehicle race, water sports, horse riding activities, mountaineering activities, violent sports such as judo, boxing, and wrestling, bungee jumping and any other professional sports activities.</li> <li>17. Growth hormone therapy unless medically necessary.</li> <li>18. Costs associated with hearing tests, prosthetic devices or hearing and vision aids.</li> <li>19. Mental Health diseases, both outpatient and in-patient treatments, unless it is an emergency condition.</li> <li>20. Patient treatment supplies (including for example: elastic stockings, ace bandages, gauze, syringes, diabetic test strips, and like products; non-prescription drugs and treatments,) excluding supplies required as a result of Healthcare Services rendered during a Medical Emergency.</li> <li>21. Allergy testing and desensitization (except testing for allergy towards medications and supplies used in treatment); any physical, psychiatric or psychological examinations or investigations during these examinations.</li> <li>22. Services rendered by any medical provider who is a relative of the patient for example the Insured person himself or first-degree relatives.</li> <li>23. Enteral feedings (via a tube) and other nutritional and electrolyte supplements, unless medically necessary during in-patient treatment.</li> <li>24. Healthcare services for adjustment of spinal subluxation.</li> <li>25. Healthcare services and treatments by acupuncture; acupressure, hypnotism, massage therapy, aromatherapy, ozone therapy, homeopathic treatments, and all forms of treatment by alternative medicine.</li> <li>26. All healthcare services &amp; treatments for in-vitro fertilization (IVF), embryo transfer; ovum and sperms transfer.</li> <li>27. Elective diagnostic services and medical treatment for correction of vision</li> <li>28. Nasal septum deviation and nasal concha resection.</li> <li>29. All chronic conditions requiring haemodialysis or peritoneal dialysis, and related investigations, treatments or procedures.</li> <li>30. Healthcare services, investigations and treatments related to viral hepatitis and associated complications, except for the treatment and services related to Hepatitis A and C.</li> <li>31. Any services related to birth defects, congenital diseases and deformities unless if left untreated will develop into an emergency.</li> <li>32. Healthcare services for senile dementia and Alzheimer's disease.</li> <li>33. Air or terrestrial medical evacuation and unauthorized transportation services.</li> <li>34. Inpatient treatment received without prior approval from the insurance company including cases of medical emergency that were not notified within 24 hours from the date of admission where possible.</li> <li>35. Any inpatient treatment, investigations or other procedures, which can be carried out on outpatient basis without jeopardizing the Insured Person's health.</li> <li>36. Any investigations or health services conducted for non-medical purposes such as investigations related to employment, travel, licensing or insurance purposes.</li> <li>37. All supplies which are not considered as medical treatments including but not limited to: mouthwash, toothpaste, lozenges, antiseptics, , food supplements, skin care products, shampoos and multivitamins (unless prescribed as replacement therapy for known vitamin deficiency conditions); and all equipment not primarily intended to improve a medical</li> </ol>
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	<p>condition or injury, including but not limited to: air conditioners or air purifying systems, arch supports, exercise equipment and sanitary supplies.</p> <p>38. More than one consultation or follow up with a medical specialist in a single day unless referred by the treating physician.</p> <p>39. Health services and associated expenses for organ and tissue transplants, irrespective of whether the Insured Person is a donor or a recipient. This exclusion also applies to follow-up treatments and complications unless if left untreated will develop into an emergency.</p> <p>40. Any expenses related to immunomodulators and immunotherapy unless medically necessary.</p> <p>41. Any expenses related to the treatment of sleep related disorders.</p> <p>42. Services and educational programs for people of determination, this also includes disability types such as but not limited to mental, intellectual, developmental, physical and/or psychological disabilities.</p> <p>43. All chronic conditions requiring haemodialysis or peritoneal dialysis, and related investigations, treatments or procedures.</p> <p>44. Healthcare services, investigations and treatments related to viral hepatitis and associated complications, except for the treatment and services related to Hepatitis A and C.</p> <p>45. Any services related to birth defects, congenital diseases and deformities unless if left untreated will develop into an emergency.</p> <p>46. Healthcare services for senile dementia and Alzheimer's disease.</p> <p>47. Air or terrestrial medical evacuation and unauthorized transportation services.</p> <p>48. Inpatient treatment received without prior approval from the insurance company including cases of medical emergency that were not notified within 24 hours from the date of admission where possible.</p> <p>49. Any inpatient treatment, investigations or other procedures, which can be carried out on outpatient basis without jeopardizing the Insured Person's health.</p> <p>50. Any investigations or health services conducted for non-medical purposes such as investigations related to employment, travel, licensing or insurance purposes.</p> <p>51. All supplies which are not considered as medical treatments including but not limited to: mouthwash, toothpaste, lozenges, antiseptics, , food supplements, skin care products, shampoos and multivitamins (unless prescribed as replacement therapy for known vitamin deficiency conditions); and all equipment not primarily intended to improve a medical condition or injury, including but not limited to: air conditioners or air purifying systems, arch supports, exercise equipment and sanitary supplies.</p> <p>52. More than one consultation or follow up with a medical specialist in a single day unless referred by the treating physician.</p> <p>53. Health services and associated expenses for organ and tissue transplants, irrespective of whether the Insured Person is a donor or a recipient. This exclusion also applies to follow-up treatments and complications unless if left untreated will develop into an emergency.</p> <p>54. Any expenses related to immunomodulators and immunotherapy unless medically necessary.</p> <p>55. Any expenses related to the treatment of sleep related disorders.</p> <p>56. Services and educational programs for people of determination, this also includes disability types such as but not limited to mental, intellectual, developmental, physical and/or psychological disabilities.</p> <p>57. Intellectual, developmental, physical and/or psychological disabilities.</p> <p>58.</p>
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**For further details, on the services included in the above table / or about any other services not included  
 Kindly contact Nextcare Call Centre at 04-270-8800**



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